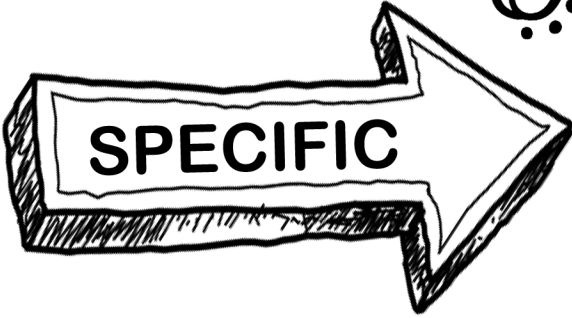


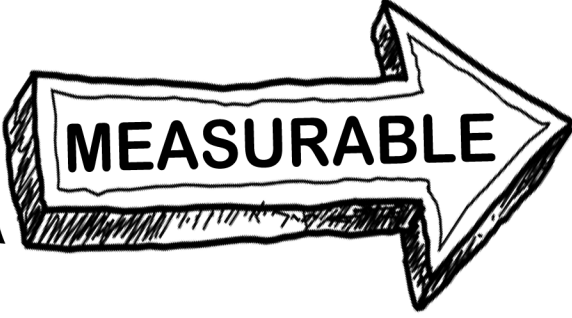
Name: _____

S



What EXACTLY do I want to accomplish?

M



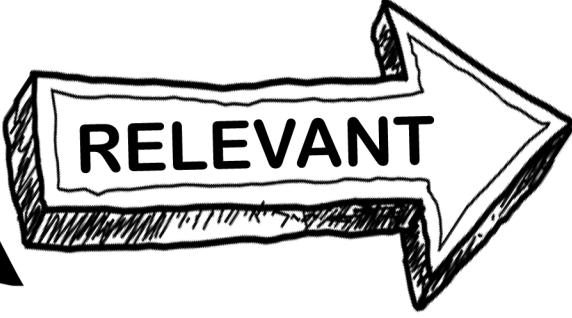
How will I know when I meet my goal?

A



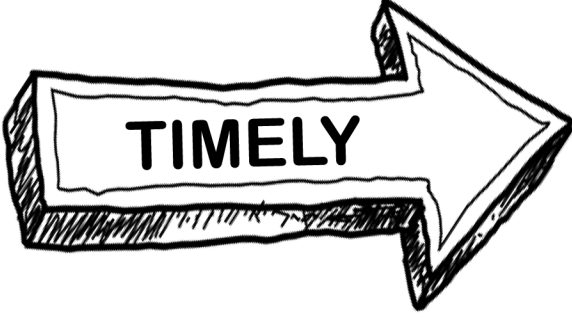
Is it possible to meet this goal?

R



Does this goal help me with my long term goals?

T



How much time do I have to meet this goal?